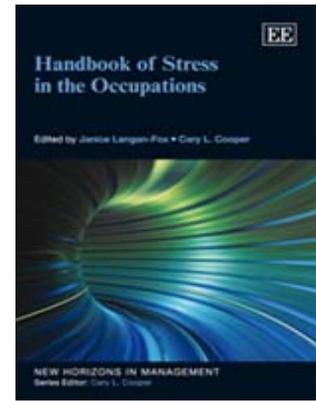


## BOOK REVIEW

**Title** : Handbook of Stress in the Occupation  
**Authors** : Janice Langan-Fox, Cary Cooper  
**Publisher** : Edward Elgar Publishing  
**Pages** : 544 pages  
**Price** : Rs. 14807.54/-



As one of the editors says in the introduction to their book, "a survey of research books over the past 25 years shows that no book has been published during this time that has reviewed occupational stress in specific occupations", though there has not been any dearth of journal articles. Depth of analysis to such a study can only come from penetrative studies of particular occupations. The Handbook of Stress brings fresh impetus to scholars who are interested in issues and problems associated with specific jobs, some of which have received little attention in the past. This book has been written by researchers who are true experts in the field of each occupation. The book reviews stress in a wide range of jobs including transport, education, farming, fishing, oil rig drilling, finance, law enforcement, fire fighting, entrepreneurship, music, social services, prisons, sport, and health including surgery, internship, dentistry, nursing, paramedics, psychiatry and social work.

The book covers twenty-four papers that are grouped under six sections. Section I deals with stress at the workplace in the health sector and has seven chapters. Section II has two chapters on education and it is the shortest of all. Section III deals with emergency services and prisons and has three chapters dedicated to it. It covers emergency services such as during 9/11 disaster, firefighters and correctional officers in prison. Section IV highlights workplace stress in high risk operations such as oil-rig drilling, fishing and engineering. Section V tries to club the work stress from apparently unrelated areas: financial dealers, farm entrepreneurs and musicians. Section VI is the last section and it carries four chapters on workplace stress experienced by bus and truck drivers, sport officials and "work and rumination" in high-intense occupations. However, the introductory chapter to each part is missing in the book hence each chapter appears to stand on its own.

The Handbook will strongly appeal to human resource specialists, psychologists, occupational health and safety professionals, managers, nurses and therapists. Academics and postgraduate students of business, management, and psychology will find plenty of detailed information regarding stress associated with occupations.

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